

## Earthquake Supply Kits - 2022-2023

**This information is very important. Please read it thoroughly.**

As part of Reformation Lutheran School's Disaster Preparedness Plan in place to implement in case of an earthquake or other serious disaster, here is information on earthquake kits. Statistics indicate that we should be prepared to care for children for 72 hours, as it may take that long to them to be released to a designated adult.

Listed below are four steps you are required to complete:

1. Prepare a kit containing **9 "meal" items** as well as the required additional items outlined below. Be sure to check the expiration dates to ensure freshness for the entire school year.
2. Pack all food in a one-gallon zip-lock bag labeled with your child's first and last name.
3. Provide a 72-hour supply of any necessary medication to the school office. Please be sure that medication includes your child's name and pharmacy label with instructions for administration.
4. **Bring the kit with you to Meet the Teacher Night, Tuesday, August 16th, 2022.** Your child may not start school unless the kit has been turned in.

**PLEASE NOTE:** The items below are examples. You may adjust the following list to your child(ren)'s tastes. Please pack 9 items listed as "Suggested Meals" as well as all "Required Additional Items". Everything must fit into a ONE-GALLON zip-lock plastic bag. The school provides water and sanitation supplies for students/staff.

<b>Suggested Meals:</b> individual pop-top cans	<b>Required Additional Items</b>
Pork and Beans	3 fruit snack products
Ravioli, Lasagna or other pasta dish	20 pre-wrapped hard candies (in small zip-lock)
Chili	Plastic Spoon
Vienna Sausage	Plastic Fork
Tuna or Chicken	
Fruit Can	
3 Granola Bars (counts as one meal)	

### **PLEASE MAKE SURE ALL FOOD ITEMS PACKED MEET THE FOLLOWING CRITERIA:**

- Each item is individually packaged by the manufacturer
- Containers should NOT be easily punctured (avoid thin plastic or foil lids)
- Items that do NOT need water added
- Items that are NOT in glass containers
- Items that are NOT salty (avoid chips, pretzels, crackers, etc.)
- Only pack items your child will eat

**KITS WILL BE SENT HOME WITH STUDENTS AT THE END OF THE YEAR.**

**A NEW KIT WITH FRESH FOOD IS NEEDED EVERY YEAR.**