

Raiders News

March 25, 2022

PRINCIPAL'S MESSAGE

How do parents not let worry get the best of them?

WORRY CAN BE an overwhelming topic. I believe everyone struggles with it. I don't know what the actual statistics are, but I am quite certain once you become a parent, worry increases by *a lot*.

A few years ago I wrote a blog about why we worry. While I know worry can have many nuances, I narrowed it down to three main reasons:

1. Worry gives us a perception of control.
2. Worry makes us feel like we care more.
3. On the other side of worry there is freedom, and we are unfamiliar with freedom.

However, understanding why we worry doesn't necessarily help keep it from getting the best of us.

Here is what I'm learning about living the life of a parent and ultimately the life of a Christian—surrender is key.

Surrender = acceptance of what is + faith that God's intent for us is good. This formula is a huge weapon against worry.

Acceptance of what is: Sometimes this means we need to pause and recognize what is—not what we think it is, not what we think it might be, but what it actually is. So often we are worrying about the stories we are making up in our heads. It is important to realize what is actually going on.

Faith that God's intent for us is good: How would our perspective shift if we were to truly know this and believe this? God's love for us is unchanging, perfect, and abundant. He wants what is good for us. After all, "If God is for us, who can be against us? He who did not spare his own Son, but gave him up for us all—how will he not also, along with him, graciously give us all things?" ([Romans 8:31,32](#)).

So often our idea of “good” is what makes us feel comfortable. When something causes us pain or discomfort, we automatically label it as bad. But if we recognize that God has so much more for us than simply feeling comfortable, we may be able to embrace the discomfort—especially with the knowledge that God’s intent for us is good.

Surrender: We need to open our hands and offer our lives and our children’s lives to God’s care. He loves them more than we do. He pursues them more than we do. He desires a personal relationship with them even more than we do. Sometimes I look at my children and wonder how anyone—even God—could love them more. But he does—unconditionally.

Surrender seems like a strange antidote to worry, but not when we are surrendering to

- our heavenly Creator, who made us for the intent of loving us;
- Jesus, who gave up so much to remove any barriers for us; and
- the Holy Spirit, who dwells in our hearts and empowers us to “let go and let God.”

How do we, as parents, not let worry get the best of us? Remember that our heavenly Father has the best for us.

Taken from: https://forwardinchrist.net/parent-conversations-worry/?fbclid=IwAR1bO6WpycU_ySRypJkD5ADAxHv5EsDOqbmXhk0HPA-UmHNLRHm1hw_L8Uk

Shepherd's Care for Spring Break – March 28 to April 1

Thanks to Miss Iyla for answering our prayers to help out with Shepherd's Care. To that end, we are able to offer Shepherd's Care during Spring Break from 8:00 am - 4:00 pm.

If you are in need of childcare during that week, please fill out the Google Form to indicate that to us.

<https://forms.gle/YWMYWJWnkdUXmAiU6>

If you do NOT need childcare during Spring Break, there is no need to fill out the form.

Save the Dates for Upcoming Events and Activities

EasterFest – Saturday, April 9, 2-4pm

Family fun including Easter crafts, petting zoo, bounce house and egg hunts!

Vacation Bible School – July 25-29

Summer fun learning about Jesus’ love, with a science-y twist!

California Lutheran High School Taste and See

The high school that we support in Wildomar is hosting their annual auction fundraiser event. This is a wonderful evening of fellowship, so we are encouraging any and all school families to attend. You may purchase an individual ticket for \$65 or you may pay for a table of 8 for \$700 if you want to gather together some of your closest friends!

If you are interested or have questions, quite a lot of the staff will be going, so speak with either Mr. Ross, Mr. Bohl, or Mr. Ash and they can help you out!



**CALIFORNIA LUTHERAN
HIGH SCHOOL**

**TASTE AND SEE
FOOD FESTIVAL**

A gathering of cuisines from all
over the globe!

**ENJOY FOOD, FUN AND
OUR ANNUAL AUCTION FUNDRAISER
SATURDAY, APRIL 30, 2022**

Registration Information for the 2022-2023 School Year

"Let the peace of Christ rule in your hearts, since as members of one body you were called to peace. And be thankful." Colossians 4:2

"I always thank my God for you because of his grace given you in Christ Jesus." I Corinthians 1:4

These two passages have been on my mind as we have worked through this interesting year and as we now dive deep into our plans for the 2022-2023 school year. Thank for being here! Thank you for being a part of our Reformation family. I pray you and your children are happy and thriving. We are joyfully blessed to serve you and your family by providing Christian education here at Reformation.

Reformation Lutheran School is a great place to educate your children.

- A place where Christ-centered education is taught in an increasingly dark world.
- A place that offers the Light of the Gospel in contrast to the sin of the world.
- A place where students excel in high school after leaving as Reformation graduates.
- A place where children are safe.
- A place that teaches them about their Savior, so that we may provide an education that lasts more than a lifetime!

We now ask you to join us in planning for next school year. To re-enroll and take advantage of the reduced Early Bird Registration fee, please return [THIS](#) completed form and arrange for the \$250 payment. On April 7, the registration fee amount adjusts to \$300.

As you may know, private schools like ours offer a consistent curriculum that is based on God's Word. We won't be adding new areas of focus that are contrary to what the bible teaches. This way we can concentrate on refining our curriculum and growing as educators. Our concentration in the coming years will be exactly that. We will continue to find ways to increase student achievement and share God's Word with all of you. We want you to have an opportunity to re-enroll before we receive applications from new students beginning April 7th. We would want all our students to re-enroll for next school year!

Early Bird Registration for the 2022-2023 school year starts right now! Continuing students who re-enroll by April 6th will have a guaranteed seat for the 2022-2023 school year. The Early Bird Registration Fee is \$250.



Update from Mrs. Bailey's Classroom

Happy Spring from grades 5/6! Recently, we were blessed with the opportunity to attend *Briar Rose: The Tale of Cinderella* at CLHS. The students participated in storytime with some of the characters and were treated to lunch after the play. It was our first field trip this year, and we look forward to going on the next one sometime in April.

Last week, we had our annual Pi Extravaganza during math class to celebrate Pi (the symbol used in mathematics to represent a constant—the ratio of a circumference of a circle to its diameter—approx. 3.14159.) In history, students have been learning about Ancient Egypt and will create their own cartouche using clay, build a pyramid, and mummify apples after returning from Spring Break. We wrapped up the Living Things & Ecosystems unit in science by germinating seeds and creating our own hydroponic systems. In literature, we read “The All-American Slurp” and are working on identifying themes within a story. Students continue to enjoy Book Clubs on Friday mornings and look forward to the small group discussions that arise from their reading.

Finally, in Pastor Stone’s Catechism class, we are finishing up the petitions of the Lord’s Prayer. In Mr. Ross’s Religion class, we are taking a look at a group of parables, understanding the “heavenly” meaning, and working to apply those truths to our lives.



EASTERFEST AT REFORMATION LUTHERAN CHURCH & SCHOOL SATURDAY, APRIL 9, 2-4 P.M.



Come celebrate Easter with us! The whole family will enjoy a variety of activities, including an Easter craft to take home, Easter Storytime, petting zoo, a bounce house, and egg hunts. The event and activities are free for everyone to enjoy! Bring the kids and invite some friends for a fun day out, no RSVP or advance registration required.

More information on Facebook: <https://www.facebook.com/events/709356509460130/>

Volunteers can sign up online (<https://signup.com/go/GwBsbUZ>) or in the church entryway.

Donations requested! Egg hunt candy (individually wrapped pieces and won't melt too quickly!) and plastic egg donations (brought to the front office) would be greatly appreciated! Please bring donated items by Tuesday, April 5.

2021 Statement and Payment Summary

At times, families are looking for a statement of their payments for a calendar year, for childcare or other school expenses. FACTS can provide you this statement with a few clicks at any time. You can choose a calendar year or a specific time frame for a payment summary report. Click [here](#) (attached pdf file) to see how to navigate to this statement in your FACTS account.



The Chosen: A New Bible Study Starting April 20

Join us as we watch episodes from Season One of The Chosen. We will begin the class by watching an episode and then spending some time in discussion of the episode afterward. Class will be held in the sanctuary. This Bible study is open to all ages and starts Wednesday, April 20 from 6:00 - 7:30pm.

What is the Chosen?

The Chosen is a “multiseason series about the life of Christ” and the people who followed Him. It dramatizes the stories of Peter, Philip, John, James, and the other disciples, giving historical context and some fictional plotlines to paint a picture of what Jesus’ ministry looked like in the lives of real people – the ones we read about in the gospels. The Chosen is not meant to replace God in our minds or hearts, but to present a visual aid to one’s existing journey with the Lord. Join us as we watch and discuss together this ever-popular show on the life of Christ!

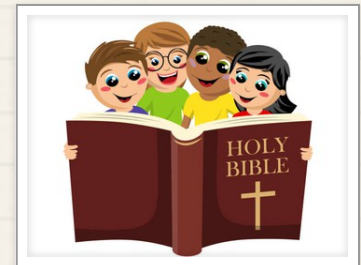


Teenage Girls' Life Group

Shine: Sparkling with God's Love. The world needs to hear about God's grace. He wants us to shine His brilliant love into the darkness of sin. He wants us to reflect His love like billions of pieces of bright, brilliant glitter to those who are hurting. We will dig into God's word and find out how we can shine the Gospel of Jesus to His people. This after school study is for girls grades 5 – 8. We will meet on the back patio at 3:20 on Mondays. Books will be provided. A voluntary donation of \$5 is appreciated.

Bible Class for students in grades 5-8!

Mrs. Jessica Bohl has starting a new bible class for grades 5-8. This class will meet in the kindergarten room (room 6) from 9:30am to 10:15am and light snacks will be provided. We are looking forward to covering topical bible studies to help our students prepare to be the light in our broken world. See you there!



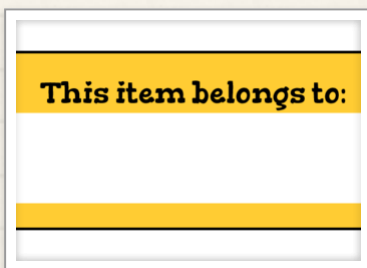
We are hiring! We need your help.

You can help us help you! Reformation Lutheran School is currently hiring (just like everyone else) for a few positions.

- Shepherd's Care Supervisor
- Preschool Classroom Aid

If you know of anyone who might have the time or qualifications, we would love to meet with them or spend some time talking with them about these open positions. Please refer anyone to principal@refsd.org. Thank you for helping us staff so that we can better serve the families of Reformation!

NEW YEAR RE-BOOT REQUESTS

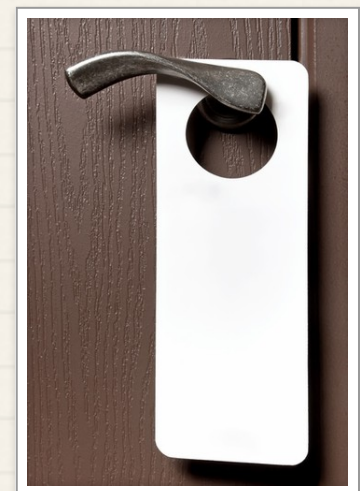


Student Belongings

Please label your student's belongings with their name. This includes water bottles, lunch boxes and clothing items such as jackets and sweatshirts. It's easy to find washable labels online or at stores like Walmart. Please also encourage your student to bring everything home each day. We know you invest your money in all of their items, and labeling them will help your items not be lost forever. Also, our campus will look great without a variety of things laying around at the end of each day.

Pick Up Number Hang Tags

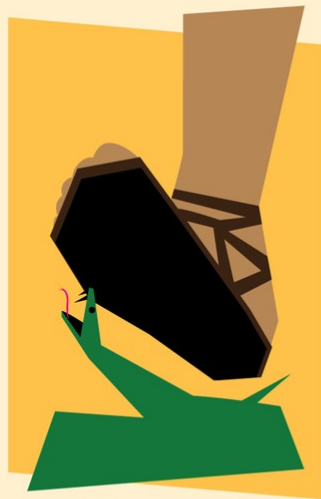
When you pick up your students after school, PLEASE be sure you display your pick up ID number in your vehicle. This is especially important for families of students in grades 1-8 picking up in the back parking lot. Sometimes it is difficult for our staff to see your friendly faces through the windows and sometimes we have other people helping out with identifying cars/parents picking up. Please help us out by displaying your number on your mirror or other prominent place. If you need a replacement hang tag, please request one from Sarah Rodrigues (rodriguess@refsd.org).



Ki's School Lunches – Order Today!

You can take a break from packing a lunchbox on Mondays and Thursdays by ordering from Ki's School Lunches! With more than 35 entrée choices each day, there is bound to be something your student will enjoy. Place orders online and cancel (when necessary) up to 8am the same day. Go to www.kisschoollunches.com or <http://reformationschoolsd.org/school-information/schoollunch-options/> for additional details and to create your account to place an order. The Ki's website has detailed information on the "How it Works" page. Orders must be placed by noon the day prior to lunch service. You can place orders for the entire month now.

There is an opportunity to volunteer to help with Ki's lunches distribution. Lunches are delivered to us shortly before lunchtime and volunteers distribute lunches to the students. Can you help with this? The time commitment is 11:30am-12:45pm on either Monday OR Thursday. We are asking for one adult volunteer for each day. Can you help? Contact Sarah Rodrigues at rodriguess@refsd.org or (858) 279-3311, ext. 1.



CRUSHED

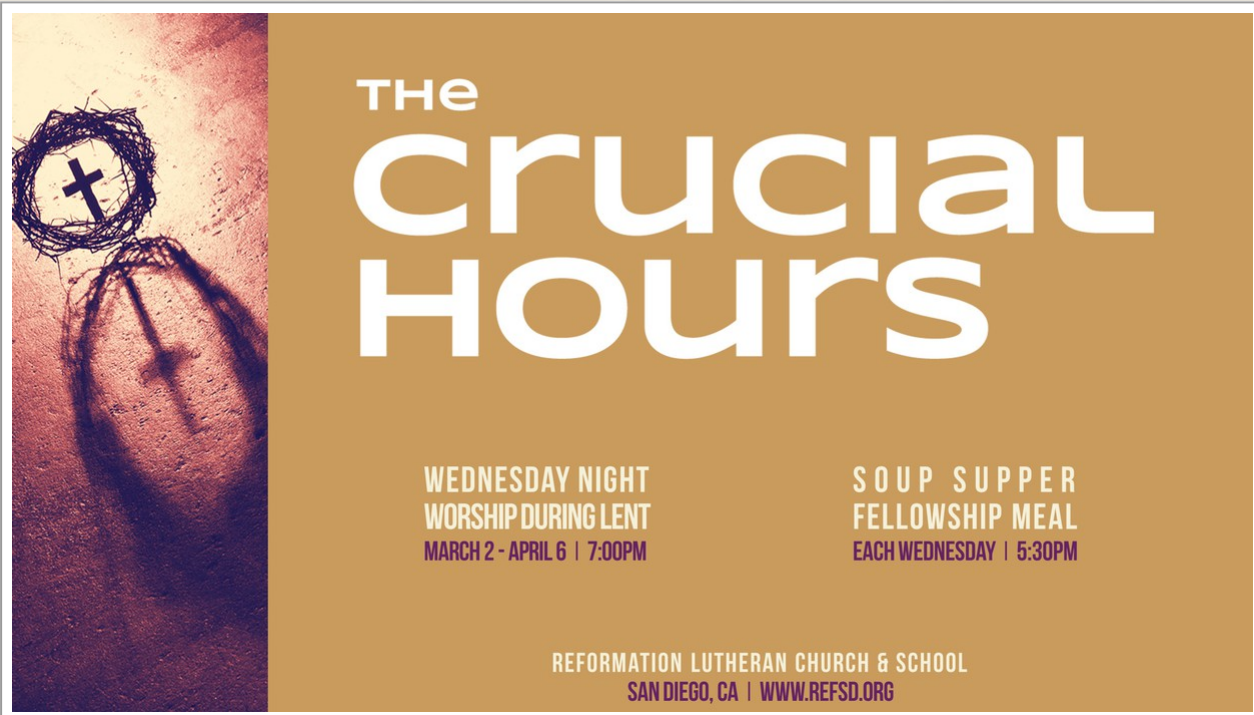
JOIN US FOR WORSHIP ON SUNDAYS
MARCH 6 - APRIL 3
8:00AM & 10:30AM

**THE LORD SAVES
THOSE WHO ARE
CRUSHED IN SPIRIT.
PSALM 34:18**

REFORMATION LUTHERAN CHURCH & SCHOOL
SAN DIEGO, CA | WWW.REFSD.ORG

Crushed: A Worship Series for Lent at Reformation.

When someone is devastated or defeated or despondent we speak of them as being "crushed." It could be due to some agonizing loss or unrealized dreams that they are crushed. It could be due to carrying a heavy load of guilt over some past mistake that they are crushed. In a broken world, it is simply a matter of time before we feel crushed. That is why we need Lent. The word Lent comes from an Old English word for Spring – "lengten" – the time when the days grow longer. For 1400 years the Church has set aside the 40 days between Ash Wednesday and Easter as a time of repentance and renewal. Believers humbly acknowledge that sin is the ultimate source of all the crushing moments in life. Our sin even crushed Jesus. Yet, on Easter Sunday, Jesus took up his life again. Our Savior crushed both death and the serpent's head. Yes, Lent is a solemn season. But it is also a season of great hope. With the psalmist we say, "The Lord saves those who are crushed in spirit" (Psalm 34:18). Join us each Sunday this Lent for ***Crushed: A Worship Series for Lent at Reformation.***



The Crucial Hours – Lent 2022 at Reformation

Decisive. Critical. Crucial. When we describe something as crucial, we are indicating that it is of great importance and the cost of failure is extremely high. For example, tense negotiations are often described as being “at a crucial stage.” A playoff football team’s coach may describe winning their next game as “crucial to our survival.”

The word crucial is derived from the Latin word for “cross.” In that sense, the events of Holy Week – especially Holy Thursday and Good Friday – were crucial because they all led to Jesus’ cross where the decisive, critical, crucial battle would be fought and won. Our weekly Wednesday worship during Lent will help us focus on those decisive events, those critical moments, those crucial hours, and how they were just that for Jesus, for those around him, and for us.

Join us this year for Lent, a special period of 40 days during which God’s people cleanse their hearts through repentance and prepare to celebrate the festival of Easter with joy. Lent is a time during which God renews his people’s zeal as we reflect on the breadth and depth of Christ’s love for us in willingly suffering and dying to redeem us from sin’s curse.

Join us at Reformation each Wednesday this Lent as we ponder and apply God’s Word to our lives today. We will also have soup suppers beforehand in the gym, beginning at 5:30pm. For more information, visit www.refsd.org or find us on Facebook www.Facebook.com/ReformationSanDiego

WEDNESDAYS IN LENT

- March 2, 9, 16, 23, 30, April 6
- Soup Supper: 5:30pm
- Choir Practice: 6:00pm
- Evening Worship: 7:00pm

Reformation Family Calendar

28-31 No Grade School - Spring Break (Preschool in session)

30 Lenten Worship Service 7:00pm



April

1 No Grade School - Spring Break (Preschool in session)

4 Teenage Girls' Life Group - 3:20pm

6 Lenten Worship Service 7:00pm

7 Spring Pictures

9 EasterFest 2:00-4:00pm

10 CLHS Sacred Concert - 4:00pm

11 Teenage Girls' Life Group - 3:20pm

14 Maundy Thursday Worship Service 7:00pm

15 Good Friday Worship Service 7:00pm

17 Easter Worship Services 8:00am and 10:30am

18 Campus Closed - No Grade School, Preschool or Shepherd's Care - Easter Monday

20 The Chosen: Bible Study 6:00pm

25 Teenage Girls' Life Group - 3:20pm

27 The Chosen: Bible Study 6:00pm

May

2 Teenage Girls' Life Group - 3:20pm

5 The Chosen: Bible Study 6:00pm

9 Teenage Girls' Life Group - 3:20pm

12 The Chosen: Bible Study 6:00pm

16 Teenage Girls' Life Group - 3:20pm

19 The Chosen: Bible Study 6:00pm

23 Teenage Girls' Life Group - 3:20pm

26 The Chosen: Bible Study 6:00pm

29 Confirmation

June

3 End of School Picnic

3 Last day of school

5 Kindergarten Promotion/Eighth Grade Graduation

13 Summer Camp Begins

Teenage Girls' Life Group - Mondays at 3:20pm

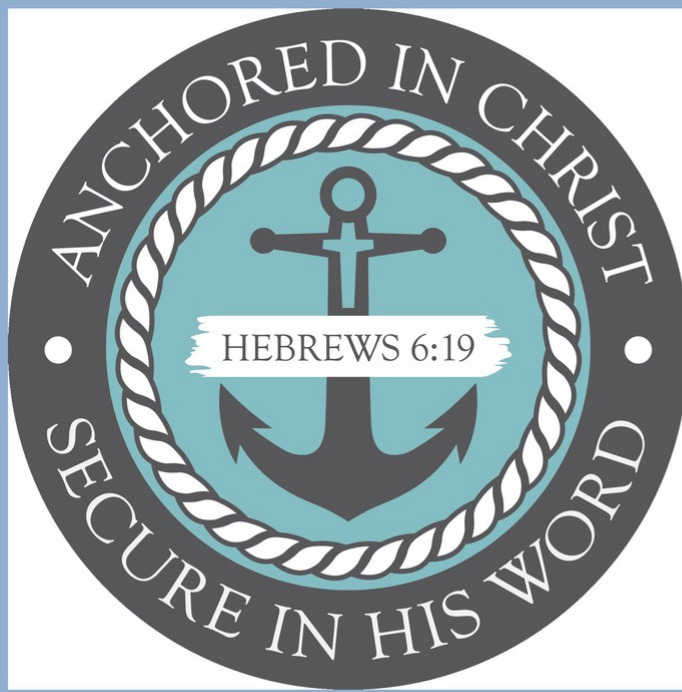
Chapel Service - Wednesdays at 8:30am

Worship Service - Sundays at 8:00am & 10:30am

Kids4Christ - Sundays at 9:30am

Foundations 101 - Sundays at 9:30 am

A monthly calendar is updated on our website, and a full school year calendar is available also. Click here to review these calendars. (<http://reformationschoolsd.org/calendar/>).



*We have this hope
as an anchor
for the soul,
firm and secure.*

Hebrews 6:19



About Us



The eternal truths of God's Word are the foundation of our school, its curriculum, and all its activities. Our goal in Christian education is to provide each child with the maximum development of God-given spiritual, physical, and mental abilities. We offer Christian education in our Preschool (ages 2.5-5) and Grade School (K-8).

Follow us on Instagram @reformation_school

📍 4670 Mt Abernathy Ave, San Di...

✉ school@refsd.org

☎ 858-279-3311

🌐 reformationsschools.org/